1. **Like** the University of Idaho Extension Facebook page by visiting us at www.facebook.com/uidahoextension or scan the QR code.

2. **Upload** a photo to your Facebook page with the hashtag #UIFieldDay. Make sure the privacy settings are on "public" so we can see the photo too!

3. **Tag** University of Idaho Extension in the photo.

Include the hashtag in photos and videos posted to Instagram and Twitter.

Tweet using the hashtag #UIFieldDay or mention @uidahoextension

Other hashtags:
#UIdaho    #UIdahoExt

Questions? Concerns?
cals-social@uidaho.edu
shanej@uidaho.edu or 208.885.8936