RANGELAND OUTREACH ACTIVITIES MANUAL

Coaches’ Edition

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ABOUT 4-H

4-H is one of the largest youth development organizations in the United States. 4-H is found in almost every county across the nation and enjoys a partnership between the U.S. Department of Agriculture (USDA), the state land-grant universities (e.g., University of Idaho), and local county governments.

4-H is about youth and adults working together as partners in designing and implementing club and individual plans for activities and events. Positive youth development is the primary goal of 4-H. The project area serves as the vehicle for members to learn and master project-specific skills while developing basic life skills. All projects support the ultimate goal for the 4-H member to develop the positive personal assets they need to live successfully in a diverse and changing world.

Participation in 4-H has shown many positive outcomes for youth. Specifically, 4-H participants have higher participation in civic contribution, higher grades, increased healthy habits, and higher participation in science than other youth.

WHAT IS ROAM?

The Rangeland Outreach Activities Manual (ROAM): 4-H Skill-a-thon Study Guide was created to guide new 4-H rangeland volunteers through the process of coaching a 4-H team to compete in the Idaho 4-H Rangeland Skill-a-thon. It also provides a guideline for seasoned volunteers to try a new project area. This curriculum includes vocabulary lists, activities, reference materials, and optional activities to further learning.
STARTING A TEAM

1. Recruit a team of 3–4 youth to create a junior or senior team and a 4-H certified volunteer to serve as the team coach.

   a. Team classifications if preparing for Idaho 4-H Rangeland Skill-a-thon.

      i. Junior Teams: ages 8–13; Senior Teams: ages 14–18; Mixed-age Teams are allowed and will compete as a senior team, but will be ineligible to compete at Wildlife Habitat Education Program (WHEP) (age as of January 1 of the current 4-H year).

      ii. The top senior team at this contest will be invited to represent Idaho at the national WHEP (WHEP.org) competition. Mixed-age teams are not eligible to participate in the national contest.

   b. Have each team member sign up on the University of Idaho Marketplace by the deadline.

2. Enroll your team with your local Extension office. Each youth will need to enroll on www.4honline.com. Each adult volunteer coach will need to be a certified 4-H volunteer. Contact your county Extension office for further information on the certification or recertification process.

3. Further contest information can be found at: https://www.uidaho.edu/extension/4h/programs/contests.
LEARN BY DOING

Experiential Learning Model

The effectiveness of the “learning by doing” methodology [or approach] is one of the main reasons 4-H has been so widely recognized and respected in the field of informal education. It engages the learner, encouraging youth to think more, work hard, and ultimately learn more thoroughly than with traditional teaching methods. The ROAM curriculum follows a model known as the experiential learning process. Experiential learning is more than just doing activities. It involves discussing the activity, drawing conclusions from the activity, and applying them to the real world.

DO

1. Experience
Begin with a concrete experience. This can be an individual or group activity that involves “doing something.”

REFLECT

2. Share
Next, ask the group or individual to talk about what they experienced when they were doing the activity. Share reactions and observations. Talk freely. Sharing questions to ask:
  • What did you do?
  • What happened?
  • How did you feel about…?
  • What was the most difficult? Easiest?
  • What would you do differently?

3. Process
Discuss how questions are created by the activity. Processing questions to ask (use information generated from sharing questions):
  • What problems or issues seemed to occur over and over?
  • What similar experience(s) have you had?
4. Generalize
Find general trends or common lessons in the experience. Identify the important points that apply to the “real world.” Generalizing questions to ask:
- What did you learn about yourself through this activity?
- What did you learn about making decisions (or other life skills)?
- How do the major themes or ideas relate to life and not just the activity?
- How did you go about making your decision?

5. Apply
Talk about how the new information can be applied to everyday life or sometime in the future. Applying questions to ask:
- How can you apply what you learned to a new situation?
- How will the issues raised by this activity be useful in the future?
- How will you act differently in the future because of this activity?
The purposes of this meeting are to discuss the rules of the Rangeland Skill-a-thon, define "range" and "rangeland", and get to know the teammates.

At this meeting, discuss the team projects and what is expected of your team. Team projects will all be based on the scenario that is given each year. Junior teams will need to prepare an oral presentation, a 3-D diorama explaining the scenario, and their solution to the scenario's management challenge. Senior teams will submit a written management plan in addition to preparing a team oral presentation and a 3-D diorama to present their solution.

All participating youth and certified volunteers will have the opportunity to "learn by doing" through application and hands-on activities. The five main topic areas of this guide are soil, water, plants, animals, and fire. From here, we will cover the basic process of identification and problem-to-solution in each meeting.

Review the rules for the Rangeland Skill-a-thon, which can be found at:
https://www.uidaho.edu/extension/4h/programs/contests.

During this first meeting you will go through icebreakers, define and discuss "range", and discuss rules.

ACTIVITY OVERVIEW

01 PASS THE BALL

02 ICE CREAM PLANTS AND SKULL OBSERVATION

03 RANGELAND SKILL-A-THON WRITTEN MANAGEMENT PLAN (SENIORS), ORAL PRESENTATION & 3-D DIORAMA

VOCABULARY

(Definitions on page 52)

CARNIVORE    RANGELAND
ECOSYSTEM    RUSH
FORB-FLOWERS  SEDGE
HERBIVORE    SHRUB
LIVESTOCK    WILDLIFE
RANGE
ACTIVITY 1: PASS THE BALL

Refer to page 10 in the Rangeland Outreach Activities Manual. Guide youth through the activity and discuss the reflection questions.

Overview
An icebreaker is an exercise intended to help a group begin the process of forming themselves into a team. The interactions will help improve team performance and will allow individuals the opportunity to get to know one another.

Do
For this activity, you will be playing pass the ball. Introduce the game to the participants and then explain to them that each time they pass the ball, they will be sharing something about themselves. For example, begin by sharing names, where they are from, and something interesting about themselves. Then have another round in which the participants share information that they may know about range, such as rangeland animals or plants, why rangelands are important, etc.

Reflect
After the game, pause and reflect with your team. Ask your participants:

- What is something you learned about your teammates?
- What are some of your teammates' strengths?

Apply
- How might you structure your team to utilize everyone’s strengths?

Supplies
- Soft foam ball

Do:
1. Pass the soft foam ball among yourselves.
2. When you receive the ball, share your name, where you live, and either something you think is interesting about yourself or something you like.
3. Once everyone has shared about themselves, keep passing the ball and share something you know about rangeland or the animals or plant species that are found in rangeland.

Reflect
- What is something you learned about your teammates?
- What are some of your teammates’ strengths?

Apply
- How might you structure your team to utilize everyone’s strengths?
ACTIVITY 2: ICE CREAM PLANTS AND SKULL OBSERVATION

Refer to page 11 in the Rangeland Outreach Activities Manual.

Overview
"During this activity, participants will learn about different kinds of grazing management systems, renewable resources, and how livestock and wildlife can co-graze on rangelands. They will look at herbivore and carnivore skulls to determine why animals eat what they eat." (Rangeland Commission, Ice Cream Plants and Skull Observation).

Do
To perform this activity, you will use the "Ice Cream Plants and Skull Observation" lesson plan and associated materials.

Reflect
• What types of grazing plants are utilized on rangeland and why?
• How can wildlife and livestock coexist on rangeland?

Apply
• How can you use your new knowledge to educate others about the importance of rangelands?
• How might you use your introductory knowledge about range in evaluating other ecosystems?

Resources
• Idaho Rangeland Resources Commission
https://idrange.org/

ACTIVITY 2: ICE CREAM PLANTS AND SKULL OBSERVATION

Recreationists, ranchers, hunters, livestock, and wildlife use public rangelands in Idaho for all different reasons. During this activity you will learn about grazing management practices and the differences between carnivores and herbivores.

Supplies
• Copies of the Teeth handout and the Ice Cream Plants & Skull Observation lesson found at: https://idrange.org/wp-content/uploads/2017/06/IceCreamPlants_SkullObservation.pdf
• Pens, pencils, paper
• Animal skulls

Do
1. Conduct the Ice Cream Plants & Skull Observation lesson
2. Have the youth draw a picture of predator or prey and explain why it is predator or prey
3. Have the youth make a list of words they were able to define

Reflect
• What types of grazing plants are utilized on rangeland and why?
• How can wildlife and livestock coexist on rangeland?

Apply
• How can you use your new knowledge to educate others about the importance of rangelands?
• How might you use your introductory knowledge about range in evaluating other ecosystems?

Resources
• Idaho Rangeland Resources Commission
https://idrange.org/
ACTIVITY 3: PRESENT, PLAN, AND CREATE

Refer to page 12 in the Rangeland Outreach Activities Manual.

Each year, the Idaho 4-H Rangeland Skill-a-thon committee will create and send a scenario for all participants to review. All of the guidelines that come with the scenario must be followed and can be found in the contest rules. Follow this link to find rules and further information on the state contest: https://www.uidaho.edu/extension/4h/programs/contests

Senior teams will create a written management plan and a sketch of their plan prior to the competition. They will present their plans as an oral presentation with a 3-D diorama at the Skill-a-thon. Junior teams will only complete the oral presentation and 3-D diorama.

Share a copy of the scenario with each participant. All teams will create the 3-D diorama using the shipping box that was mailed by the Skill-a-thon planning team to show the scenario and their solution. Props and figurines are encouraged. An example of a team’s 3-D diorama from a previous competition can be found on page 12 of the Rangeland Outreach Activities Manual.

Optional Lessons & Resources
Our partner agency, Idaho Rangeland Resource Commission, has a website dedicated to education. Please browse the site to find more great resources: http://idrange.org/education/lessons-activities.htm

Homework
1. Sign up on 4honline.com before the next team meeting.
2. Read the scenario for the Skill-a-thon.
3. Study the vocabulary list (can be found on the state contest website: https://www.uidaho.edu/extension/4h/programs/contests)
Soil evaluation helps determine whether rangeland is healthy, at risk, or unhealthy. To make an evaluation, you must first identify a soil's composition. Sometimes you can identify soil composition by simply rubbing the granules between your fingers. Knowing the soil composition is important because it gives insight into how the soil might influence the environment:

"The texture, structure, and porosity of soil determines how much rain is captured and how much runs off during a storm. Soils are storehouses of water and nutrients for plants to draw on when they need them." – *Rangeland Health*, 1994, pg. 97

Not only is this helpful to know, but soil and land evaluations play a major role in many professions! Soil scientists, geologists, and crop scientists all have careers that focus on determining soil health.

**ACTIVITY OVERVIEW**

1. **TEXTURE COMPARISON**
2. **RIBBON TESTING FOR TEXTURE**
3. **WHAT IS SOIL MADE OF?**

**VOCABULARY**

*(Definitions on page 52)*

- CLAY
- ELUVIATION
- SAND
- SILT
- SOIL HORIZONS

**COACHES**

During each weekly lesson, students will learn about the different activities that they may have to complete at the Skill-a-thon event. The purpose of this is to start learning about the different sections within the Skill-a-thon. We begin this process this week with soil. Supplies for each activity will be listed in the Rangeland Outreach Activities Manual.
ACTIVITY 1: TEXTURE COMPARISON
Refer to page 16 in the Rangeland Outreach Activities Manual.

Overview
This is an introductory activity designed to show participants the difference in size and mass of soil using materials resembling soil particles.

Do
Using BBs, marbles, and tennis balls to fill the clear tubs, have the participants pass them around, observing and comparing each one. Have participants write their observations down.

Reflect
After the activity, pause and reflect with your team. Ask your participants:

• What similarities and/or differences did you observe? How might these differences affect the soil?

Apply
• What types of soil might be represented by the BBs, marbles, or tennis balls?

Supplies
- 3 one-gallon, clear tubs
- BBs, marbles, and tennis balls (enough for one tub of each)

Do
1. Fill each tub with one material—you will end up with one tub of BBs, one tub of marbles, and one tub of tennis balls.
2. Pass the tubs around to your team members.
3. Make observations by recording the similarities and differences between the tubs of materials.

Reflect
• What similarities and/or differences did you observe? How might these differences affect the soil?

Apply
• What types of soil might be represented by the BBs, marbles, or tennis balls?
ALTERNATIVE ACTIVITY: TEXTURE COMPARISON

Refer to page 17 in the Rangeland Outreach Activities Manual.

Overview
This is an alternate activity to introduce students to soil textures.

Do
To perform this activity, you will follow the steps outlined on page 17 of the Rangeland Outreach Activities Manual.

Reflect
After the activity, pause and reflect with your team.

- Discuss the benefits and drawbacks of each soil type.

Supplies
- Space large enough for students to form the various soil types

Do
1. Assign one student to be a water droplet. Everyone else will be a soil particle.
2. Have soil particle students create a "soil profile" by arranging in rows and columns. The number of rows and columns will depend on the number of students available.
3. First form a sandy profile. Soil particle students hold their arms straight out and stand so you are barely touching fingertips. Then have students put hands down at their sides and remain immobile.
4. Ask the water droplet student to move through the soil. How easy was it?
5. Next form a silt profile. Soil particle students will put their hands on their hips and move closer together so elbows are barely touching. As before, ask students to put arms down and remain immobile.
6. Ask the water droplet to move through the soil. How easy was it?
7. Now form a clay soil profile. Students will put their arms to their side and move closer together so shoulders are touching.
8. Ask the water droplet if they could move through the clay soil very easily. For safety, don’t let the water droplet move through soil.
ACTIVITY 2: RIBBON TESTING FOR TEXTURE

Refer to page 18 in the Rangeland Outreach Activities Manual.

Overview
This activity is designed to teach how to identify unknown textures. During this activity, you will present three defined particles. Participants are given a texture triangle page and ribbon test flowchart to follow. First, guide participants through the flowchart. The flowchart gives the step-by-step instructions on how to texture an unknown sample. The texture triangle can be used as a guide by the participants to understand the combinations of soil particles, as it shows percentages of particles in soil type.

Do
Give a sample of clay to one of the older participants. Have the participant work the clay sample to get it ready for the rest of the group later.

After the participant has worked with the clay, you will need to show the group how to perform a ribbon test. Follow the description on the flow chart of a ribbon test and demonstrate this to the group. Next describe to the group the steps they will take following the texturing flowchart provided. Once you have completed the demonstration, let the group try out their new knowledge! Divide the participants into two groups, one for the silt and one for the sand. Have them follow the chart. When each group has completed the test on both particles, begin asking the reflection questions.

Reflect
• What similarities and/or differences did you observe?
• With your new understanding of soil textures, hypothesize how soil texture might affect plant growth.

Apply
• When building, what type of soil would you want to use?

ACTIVITY 2: RIBBON TESTING FOR TEXTURE

An important part of learning about soil is understanding textures. In this activity you will learn more about the ribbon test flowchart and how to identify unknown textures.

There are 2 main factors that determine soil texture, weathering (time) and classification (aggregation) forces. Weathering occurs as mineral rock is broken down by wind, water, temperature etc. into smaller and smaller particles. Generally, the older a soil, the finer its texture will be simply because more forces have acted on it.

Classification of particles occurs as weathering aggregates soil particles, naturally creating soils of a dominant texture. A classic example of this is water. Streams and rivers carry fine clay and silt particles in suspension until they enter a pond or lake. The fine particles then settle out, eventually creating clay and silt-laden soils.

How might wind affect soil particles?

Supplies
• Clay soil
• Silt soil
• Sand soil
• Squeeze bottle filled with water
• *Ribbon Test* flowchart

Do
1. Have a volunteer from the group stir or knead the clay sample to get it ready for the rest of the group later.
2. Get out your flowchart.
3. Watch the coach demonstrate how to use the flowchart with a clay sample.
4. In your group, follow the flowchart and try out your new knowledge using silt and sand.

Reflect
• What similarities and/or differences did you observe?
• With your new understanding of soil textures, hypothesize how soil texture might affect plant growth.

Apply
• When building, what type of soil is best to use?
Place approximately 25 g soil in palm. Add water dropwise and knead the soil to break down all aggregates. Soil is at the proper consistency when plastic and moldable, like moist putty.

Add dry soil to soak up water.

Does soil remain in a ball when squeezed?

Is soil too dry?

Is soil too wet?

Place ball of soil between thumb and forefinger, gently pushing the soil with the thumb, squeezing it upward into a ribbon. Form a ribbon of uniform thickness and width. Allow the ribbon to emerge and extend over the forefinger, breaking from its own weight.

Does soil form a ribbon?

Does soil make a weak ribbon less than 2.5 cm long before breaking?

Does soil make a medium ribbon 2.5–5 cm long before breaking?

Does soil make a strong ribbon 5 cm or longer before breaking?

Excessively wet a small pinch in palm and rub with forefinger

Does soil feel very gritty?

Does soil feel very smooth?

Neither grittiness nor smoothness predominates.
The soil textural triangle, above, identifies a soil sample's classification, based on the percentage of each type of particle in a sample. To use it, first estimate what percentage of each soil particle makes up your sample. Let's say you have a sample that is 50 percent clay, 20 percent silt, and 30 percent sand. Find the 50 on the clay axis and highlight its line with your pencil. Now, do the same for the 20 percent value on the silt axis and again for the sand. The point where all three of your lines meet determines the soil's classification. So, in this example, our soil is a clay.

Now, try this one:
A soil that is 10% clay, 30% silt, and 60% sand is called a __________.
ACTIVITY 3: WHAT IS SOIL MADE OF?

Soil is made up of distinct layers, called horizons. Each layer can be identified and classified by its particulate structure.

**SOIL HORIZONS**

What is soil made of?

45% Minerals (from rocks)

25% Air (lets gases get in and out of soil)

25% Water (keeps reactions going and helps plants and organisms grow)

5% Organic matter (material derived from plants, animals and other organisms)

Percentages change according to soil condition and quality.

Discuss how having a higher or lower percentage of each component would impact the soil.
Overview
Water absorption from different soil types will give a better understanding of what plants will grow in different types of soil. Soil is made up of 45% minerals, 25% air, 25% water, and 5% organic matter. These percentages can change based on the conditions and quality of the soil. During this activity you will see how different percentages of minerals, air, water, and organic matter can change the absorption of water in the soil.

Do
To perform this activity, you will follow the steps outlined on page 23 of the Rangeland Outreach Activities Manual.

Reflect
• During these activities, what did you discover about soils? Share your results from each activity with the group.
• How does bedrock depth affect root growth?
• Does the bedrock depth change what plants can grow in the soil?

Apply
• How might rangeland soil be different from soil in a garden, desert, or rainforest? Why?

Homework
1. Begin connecting names of plants to their pictures.
2. Begin connecting names of animals to their pictures.
Today we will discuss the water cycle, water filtration, and water-quality standards for fish. Water is an important resource for any ecosystem. Each ecosystem has different levels of demand for water. A rainforest can receive 60–160 inches of rain each year! Alternatively, the Sahara Desert receives less than 5 inches in a year!

There are five different rangeland types in Idaho. They include Pacific bunchgrass, Salt Desert shrublands, juniper woodlands, sagebrush grasslands, and coniferous forest and mountain meadows (Idaho Rangeland Resource Commission). Precipitation in rangeland is usually between 10 and 30 inches per year—quite a bit less than a rainforest.

The Earth's surface is covered by, roughly, 71 percent water, yet less than one percent of that water is fit for human consumption. Needless to say, using water wisely is important.

**COACHES**

The purpose of this meeting is to increase the participants' understanding of watersheds, including information on filtration, water-quality standards for fish and the water cycle.

**ACTIVITY OVERVIEW**

01 WATER CYCLE

02 MAKE IT RAIN!

03 WATER FILTERING

**VOCABULARY**

(Definitions on page 52)

- AQUIFER
- CONIFEROUS
- EVAPORATION
- FILTRATION
- PRECIPITATION
- WATERSHED
ACTIVITY 1: WATER CYCLE

This activity will help us delve deeper into how the water cycle plays an important role in everyday life.

The water cycle involves the pathways and processes by which water moves in a watershed. Inflow of water equals water outflow/storage within a watershed.

There are multiple forms of precipitation, including rain, snow, and hail. Once precipitation returns to the Earth's surface, the water cycle continues.
Overview
The water cycle plays an important role in everyday life. In this activity, participants will learn the different stages of the water cycle: evaporation, condensation, and precipitation. Guide participants through the activity. The water cycle starts with a body of water (like a lake). When the sun puts heat on the water’s surface, water begins to turn into a gas, this is called evaporation. As the water vapor collects in the air, it becomes heavy. When water vapor collects together, this is called condensation. When condensation becomes too heavy for the air, it will fall and this is called precipitation.

Do
Participants will place the coffee mug (or cup of equal size) into the mixing bowl and then pour water into the bowl. After the Saran wrap has been secured to the bowl by a rubber band, have the participants place the bowl in the sunlight. Leave the bowl there until droplets have formed on the Saran wrap and have begun dropping into the coffee mug. Remove the Saran wrap and have the participants observe the water within the mug. They should see that water from the bowl has evaporated, condensed on the Saran wrap, and then precipitated into the coffee mug. Have participants record their observations.

Reflect
• What purpose does the sun have in the water cycle?
• Can you name the different stages of the water cycle without looking at the diagram?

Apply
• How might you use your knowledge to educate people on the water cycle and its importance?
ACTIVITY 2: MAKE IT RAIN!

Refer to page 28 in the Rangeland Outreach Activities Manual.

Overview
During this experiment, participants will be able to demonstrate what happens in clouds during the water cycle. When a cloud accumulates too many water droplets, they fall in the form of precipitation.

Do
Have participants place the water into a small glass and add the appropriate amount of food coloring. Then have them fill a medium glass with water, leaving one to three inches at the top of the glass. Next, have the participants add the shaving cream in the space at the top of the medium glass. Now using a dropper, have participants add the blue-colored water to the medium glass with the shaving cream. Continue this process until "precipitation" begins to fall. Have the team make observations.

Reflect
• Using your observations, explain how precipitation works.

Apply
• How has precipitation affected where you live?

ACTIVITY 2: MAKE IT RAIN!

During this activity, you will demonstrate what happens in clouds during that stage of the water cycle.

Supplies
• 3 cups of water
• Small glass (8 ounces)
• Medium glass (12 ounces)
• Blue food coloring
• Shaving cream
• Eye dropper or straw

Do
1. Place the water into a small glass and add 10 drops of blue food coloring.
2. Partially fill a medium glass with water, leaving 1-2 inches at the top of the glass.
3. Add shaving cream in the space left at the top of the medium glass.
4. Drip the blue-colored water into the medium glass that has the shaving cream, adding it drop by drop with an eye dropper or using a straw (Drop a straw into the colored water, then hold a finger over the top end of the straw to seal it, and lift it out of the water. Hold the straw over the shaving cream and lift your finger slightly to allow the fluid to drip.)
5. Make observations with your group.

Reflect
• Using your observations, explain how precipitation works.

Apply
• How has precipitation affected where you live?
ACTIVITY 3: WATER FILTERING

Refer to page 29 in the Rangeland Outreach Activities Manual.

Overview
Water filters, soil horizons, and aquifers clean impure water to provide clean and healthy water. This activity shows how water is filtered through the ground and cleaned of any debris and other contaminants.

Do
Place the flowerpot (with the hole in the bottom) in the container, leaving most of the container open inside. Place blotting paper at the bottom of the flowerpot, layering sand, then gravel. The function of the flowerpot setup is to filter plant material first with gravel, removing dirt with sand and blotting paper. The large container is clear to allow participants to watch the water go from murky, muddy water to clean, filtered water.

Reflect
• During these activities what did you discover about the water cycle? Share your results from each activity with the group.
• Why is water important to rangelands?
• Why would layering the water filter with large particles on top with smaller ones at the bottom filter the water better?
• Why is it important to have clean water?

Apply
• Lake reservoirs and canal systems in the West lose a lot of water due to evaporation. Why is this a concern?
• Why might short, severe rainstorms be more detrimental than long, gentler ones?

Homework
1. Begin connecting names of plants to their pictures.
2. Begin connecting names of animals to their pictures.

Optional Lessons & Resources
Watch this video:
https://pmm.nasa.gov/education/videos/tour-water-cycle

ACTIVITY 3: WATER FILTERING

This activity involves the science of soil and demonstrates how soil plays a role in creating drinkable water.

Supplies
• Flowerpot (with a hole in the bottom) - big enough to hold 6 cups of material
• Large, clear container
• Blotting paper (if you can't find blotter paper, a large paper towel folded in half once will work)
• 1 cup of Sand
• 1 cup of Gravel
• 1 cup of Soil (dirt)
• 1 cup of Water
• 1 cup of Plant material (grass, weeds, flowers, etc.)

Do
1. Place the flowerpot in the container.
2. Place blotting paper at the bottom of the flowerpot. Be sure to cover the hole. Place the sand in the pot first, then the gravel.
3. Mix the water with dirt and plant material and then pour into the flowerpot.
4. Observe in your group what happens to the water.

Reflect
• During these activities what did you discover about the water cycle? Share your results from each activity with the group.
• Why is water important to rangelands?
• Why would layering the water filter with large particles on top with smaller ones at the bottom filter the water better?
• Why is it important to have clean water?

Apply
• Lake reservoirs and canal systems in the West lose a lot of water due to evaporation. Why is this a concern?
• Why might short, severe rainstorms be more detrimental than long, gentler ones?

Rangeland Skill-a-thon Prep
Read the scenario prompt provided to you for the Skill-a-thon. What aspects of the scenario mention water directly? What aspects might be affected indirectly? Translate how you might use the insights from today's meeting to address these aspects. Have someone in your group write down the ideas!

HOMEWORK
2. Begin identifying the animals.
In this meeting, we will begin exploring the plants of Idaho. We will cover plant biology: plant types, parts, growth, life and life span, and desirability.

Plants are an important source of energy for certain animals. Some animals, called herbivores, rely solely on plants to feed themselves. Other animals, known as omnivores, only derive a portion of their energy from plants. (We will discuss the relationship between organisms and their energy levels in greater detail next week.)

Plants are, by far, one of the largest kingdoms. Plants that are either genetically similar or similar in appearance are put into groups to distinguish them, called families. There is an abundance of families in the plantae (plān-tā-ē) kingdom, 460 of them, in fact! One family of plants has over 23,600 different accepted (ones that botanists can agree on) species. Talk about a family reunion!

COACHES

This week, participants will receive two different lists of the same plants. The first list is an overview of the plants. The second describes each plant in detail. This in-depth list includes information such as taxonomic classification (family and tribe if applicable) and a description of each plant for identification. NOTE: This lesson is important and it may take more than one meeting time to complete the activities.

ACTIVITY OVERVIEW

01 PLANT PARTS

02 PLANT IDENTIFICATION

03 PLANT PHOTOS

VOCABULARY

(Definitions on page 52)

CARNIVORE
DETRITIVORE
FORB
GRASS
HERBIVORE
OMNIVORE
WOODY PLANT
ACTIVITY 1: PLANT PARTS

This activity will help us know and understand the different parts of plants.

We will begin with the family of grasses, Poaceae (pō-ay-sē-ē). Poaceae is derived from the Greek word "Pōa," which means fodder or hay. Since this puts all grasses under one family name, they are broken down into "tribes." There are a few plant families that need to have tribes to group similar species. Each tribe has something special about it to distinguish it from other tribes.

Forbes and woody plants also grow in rangelands, but unlike grasses, not all forbs or woody plants are in the same family. They are grouped into their own families, based on similarities of genetics and appearance.
Overview
Drawing plant parts can help participants who may struggle with understanding the vocabulary. Being able to visualize and then create the parts by their own hand drawing may contribute to their understanding.

Do
Guide participants through the following steps:

1. Tear one sheet halfway 3 times, making 4 rows.
2. Draw a grass inflorescence in the first.
3. Draw a node and internode in the second.
4. Draw leaf parts in the third.
5. Draw roots with rhizomes and stolon in the fourth.
6. Now connect all the parts with a stem.
7. After this has been completed, change the picture being drawn for forbs and woody plants.

Reflect
• How are plants different and how are they similar?

Apply
• Why does cheatgrass (Bromus tectorum) stick to your socks when it dries out?

Supplies
• Printer paper (6 pieces per participant)
• Crayons
• Plant part list

Do
1. Tear one sheet halfway 3 times, making 4 rows.
2. Draw a grass inflorescence in the first.
3. Draw a node and internode in the second.
4. Draw leaf parts in the third.
5. Draw roots with rhizomes and stolon in the fourth.
6. Now connect all the parts with a stem.
7. After this has been completed, change the picture being drawn for forbs and woody plants.

Reflect
• How are plants different and how are they similar?

Apply
• Why does cheatgrass (Bromus tectorum) stick to your socks when it dries out?
ACTIVITY 2: PLANT IDENTIFICATION

Refer to page 34 in the Rangeland Outreach Activities Manual.

Overview
This guide is to give participants a detailed look at the plants needed to be identified at the event. It will also help participants understand key features of each plant.

Do
Go through the guide slowly, making sure every participant sees the parts of the plant detailed. This website features different places to access pictures and descriptions: http://idahorange.wordpress.com/preparation/plants

Reflect
• Why does it matter that grasses are separate from rushes and sedges?

Apply
• What is the difference between annual and perennial plants?
• Is one type better than the other? Why?

ACTIVITY 2: PLANT IDENTIFICATION

This activity provides a detailed look at the plants that need to be identified at the event. It will help you to understand the key features of each plant.

Supplies
• Flashcard sheet
• Plant list, see current Skill-a-thon contest guidelines
• Plant Guides
• 8.5" x 11" plant printouts
• Idaho Rangeland Plant Classification Guide

Do
Review the guide and practice identifying the plants with your teammates

Reflect
• Why does it matter that grasses are separate from rushes and sedges?

Apply
• What is the difference between annual and perennial plants?
• Is one type better than the other? Why?
ACTIVITY 3:
PLANT PHOTOS

Refer to page 35 in the Rangeland Outreach Activities Manual.

Do
Take participants to a piece of rangeland that you have permission to access and have them take pictures of plant specimens with their teammates. Then have participants use the handout to determine what type of plant they have.

Reflect
• Connect some of the root words of the names of different plants' family/tribe.
• Sunflowers are in the family Asteraceae. What might "Aster" mean?
• Tridentata, such as Artemesia tridentata, reveals a characteristic about the species' leaves. What do the roots of the word tridentata, "tri" and "dent," mean? What do you notice about the leaves?

Apply
• How does Russian thistle (Salsola iberica) spread its seed? What kind of life span does this plant have?
• What invasive species on rangelands should we be concerned about?

Homework
1. What are the different parts of a flower?
2. Which plants are named after a famous botanist?
3. What is the difference between a stolon and rhizome?
4. Start looking at animals for the next meeting.

Optional Lessons & Resources
• "Plant Classification Activity" Idaho's Rangeland; An Education Guide
At this meeting, we introduce animals. You will learn how to identify and learn more about the animals found in rangeland.

Remember, native species are not the only animals found on rangeland. Livestock, such as cows, sheep, and goats, also use the range for parts of the year. How might this affect management? Do you think native species and livestock have any interaction or effect on one another?

COACHES

During this meeting, participants will learn more about the animals found in rangeland, specifically the species listed for this year's Skill-a-thon. In the shipping box, you will find the information gathered by participants on the animals under investigation that need to be identified. Guide the participants through the process of identification. This guide will help you and the participants find what you are looking for.

ACTIVITY OVERVIEW

01 NAME GAME

02 WHO LIVES WHERE?

03 ENERGIZING LEVELS

VOCABULARY

(Definitions on page 52)

COVER
DECOMPOSERS
HABITAT
LIVESTOCK
PRIMARY CONSUMERS
PRIMARY PRODUCERS
RIPARIAN
SECONDARY CONSUMERS
TERTIARY CONSUMERS
TROPHIC LEVEL
ACTIVITY 1: NAME GAME

Do
Have participants play the game with their packet of flash cards. Split participants into groups of four. One participant will hold the card up to their forehead without looking at it and then the other participants will describe the animal while they try and guess what it is (no animal noises). Once they have missed three times, they will pass the flash cards to the person to their right.

Reflect
- What were some of the attributes that you found to be the most helpful in identifying animals?

Apply
- What animals were unknown or unfamiliar to you?
- What things would you like to learn about these animals?

ACTIVITY 1: NAME GAME

The objective of this activity is to have your teammate guess all the animals correctly.

Supplies
- one packet of flash cards per participant

Do
1. Get in a group of four.
2. Have one teammate hold one of the flash cards to their head with the picture facing out (don’t let them see the picture)
3. The remaining group describes the animal without mimicking the sound it makes, while the teammate holding the card tries to identify the animal on the flash card.
4. Once someone misses three times, they pass the stack of flash cards to the next person to the right.
5. The next person will need to shuffle the deck before they begin another round.

Name Game Further
Here’s a challenge for our senior team! For the animals on the flashcards:
- Can you name them using their scientific names?
- Can you guess their trophic “energy” level?
- Can you identify what eats them and what they eat?
- Can you give a fact about them?

Reflect
- What were some of the attributes that you found to be the most helpful in identifying animals?

Apply
- What animals were unknown or unfamiliar to you?
- What things would you like to learn about these animals?
ACTIVITY 2: WHO LIVES WHERE?

Refer to page 39 in the Rangeland Outreach Activities Manual.

Overview
The animals on our list come from similar ecoregions or areas that have similar factors. Each animal plays a role in the ecoregion. Some take the first step in the food chain, while others prey on them. Each ecosystem has a general population of animals from each food-chain level. Each food chain is specific or special to each ecoregion and ecosystem.

Do
Have participants use the flash cards from the previous game to place the animals in the following "cover" categories: timber, brush, and open; if fish species, it goes to riparian (region that has water in it). The animal guide has the answers for each animal, so have the participants keep them hidden.

Next, challenge the students to create a food web with the animals by "cover" type. It is okay if the participants are unsure of what animal goes where. This addition to the game is to introduce food energy interactions.

Reflect
• Why would some animals prefer timber as their main cover?

Apply
• Can you think of other "cover" categories that some animals might fit under?

ACTIVITY 2: WHO LIVES WHERE?

All animals have one thing in common: There is a specific ecosystem each species calls its “home.”

Supplies
• Animal list
• Animal flash cards
• Crayons

Do
1. Using the animal flash cards, work with your teammates to place the animals in the following "cover" categories:
   • Timber
   • Brush
   • Open
   • Riparian for fish species (region that has water in it)

Reflect
• Why would some animals prefer timber as their main cover?

Apply
• Can you think of other "cover" categories that some animals might fit under?
Every ecosystem needs to have a balance between plants and carnivores. This balance changes constantly. For example, if certain animal populations decrease, the predator population goes down; if the animal population resurges and rises, the predator population rises.

The energy levels in an ecosystem are interdependent too. Energy levels are related to food chains or webs. Each food web has multiple trophic levels, the first being plant life, the second the herbivore, the third the predators, and the fourth the large predator.

Understanding the transfer of energy between organisms, particularly those that occupy different trophic levels, is essential to understanding range ecology. This will help synthesize the subject matter learned during previous meetings, leading to a more cohesive understanding of their relationships.

"Just as a deer herd lives in mortal fear of wolves, so does a mountain live in mortal fear of deer. And perhaps with better cause, for while a buck pulled down by wolves can be replaced in two or three years, a range pulled down by too many deer [herbivores] may fail of replacement in as many decades" – Aldo Leopold - from "Thinking Like a Mountain," A Sand County Almanac

Every ecosystem has an energy budget, the maximum number animals that the environment can support. Any healthy environment will be in a state of long-term equilibrium. Year to year environmental factors will be more advantageous for one species or another, or for one class or another. Can you think of what animals might benefit from a drought? Can you think of what animals might benefit from an above-average snow year in the winter?

Energy comes from the sun and is captured by plants. Plants then stores the energy as sugar. This is the first trophic level, primary producer or simple the producers. Can you name a few producers?

Plants are then eaten by herbivores whose energy is stored by animals as fat. This is the second trophic level, known as primary consumers. Can you name a few herbivores?

The term omnivore means plant- and meat-eating creatures. This class of animals, along with smaller carnivores, make up the third trophic level, secondary consumers. Can you name an omnivore or small carnivore?

Apex predators are the furthest away from the sun’s energy. They make up the fourth trophic level, tertiary consumers. North America has four species of apex predators. The species are brown bear (Ursus arctos), polar bear (Ursus maritimus), grey wolf (Canis lupus) and mountain lion (Puma concolor).

Each time energy is transferred between trophic levels some heat is lost. When any plant or animal dies, if it is not eaten by somebody, the energy is used by decomposers. This is true for the smallest field mouse to the largest brown bear.
Overview
Understanding the transfer of energy between organisms from one trophic level to another is essential to understanding range ecology. This will help you synthesize the links between the subject matter of previous meetings and develop to a more cohesive understanding of their relationships.

Do
Give each participant a blank pyramid. Have them divide the pyramid into five levels. Starting at the bottom, label them primary producers, primary consumers, secondary consumers, tertiary consumers, and decomposers. Have participants draw pictures of what will be going into each level of the pyramid. When drawing pictures, have the participants draw five plants, four primary consumers, three secondary consumers, and two tertiary consumers. Then have them draw arrows up from the bottom of the pyramid to the same height as the top with the words alongside saying "energy goes down."

Reflect
• Why would energy in a food chain go down as you rise higher in the chain?
• Should decomposers be at the top of the pyramid or at the bottom? Why?

Apply
• Make a food chain with the tertiary consumer as a red-tailed hawk.
• Make a food chain with the primary producer as Idaho fescue.
• What are some examples where top consumers have been eliminated; how has this affected the ecosystem?
• The Sand Hills of Nebraska are an example where grass cover has been lost. What does this mean for rangeland productivity? Can you think of other places where plant cover has been lost?

Homework
1. Review the plant list.
2. Review the group presentation.
Fire is normal and sometimes healthy for ecosystems, including rangelands. Among other benefits, ash from fire puts back certain nutrients into the soil, such as carbon, and burning can keep the spread of certain species in check and open the canopy to allow new growth. In fact, many plants have seeds that cannot germinate unless they come in contact with the extreme heat of fire! These include the California buckeye, shortleaf pine, jack pine, and lodgepole pine.

Native American tribes often used controlled burns to promote desirable plant species and to direct game (examples: steering deer and elk into the remaining, unburned areas; game birds favored the tender shoots of new plants in recently burned areas). It could be argued that this was one of the first forms of range management.

COACHES
During this meeting, participants will learn about fire and its impact on rangeland ecosystems. There are some plants, however, that depend on fire, such as the lodgepole pine.

ACTIVITY OVERVIEW

VOCABULARY
(Definitions on page 52)

- FIRE CYCLE
- MOONSCAPE FIRES
- MOSAIC FIRES

Photo left by Kari Greer/U.S. Forest Service
ACTIVITY 1: HUGE FIRES IMPACT RANCHERS

This lesson is filled with videos about fire: the good and the bad.

Sometimes fire can do more harm than good. Burn patterns are one indicator. “Mosaic fires” create patchy patterns of burned and unburned land. (Think of a mosaic, with little pieces of colored glass here and there, broken up by other little pieces of different colors.) In this kind of pattern, only small areas have burned. They are intermixed with remaining unburned areas, which provide stability and an established plant community. This is when fires do good. In contrast, a “moonscape fire” burns everything (think of the barren appearance of the surface of the moon), sometimes for many hundreds of acres. This can devastate an ecosystem. It’s pretty hard to reestablish a plant community when there are no mature plants to supply seeds for miles and miles around!

Invasive plant species add yet another hiccup to fire recovery. As you may recall from your plants lesson a few weeks ago, many of these species are annuals (remember what that means?) and die off quickly, making it easy for them to burn again, speeding up the fire cycle (the amount of time between burns for an ecosystem), sometimes reducing it from hundreds of years to two or three years.
Refer to page 45 in the Rangeland Outreach Activities Manual.

Do
Have participants watch the video, "Huge Fires Impact Ranchers" using the link provided on page 45 of the Rangeland Outreach Activities Manual.

Reflect
• What can you do to help prevent rangeland fires?
• What are the pros and cons to wildland fires?
• What are some ways that fire has impacted rangeland?

Apply
• Walk around your house and yard and look for fire hazards.
• What plants benefit from fire? Which ones are harmed?
• Do "let it burn" policies make sense when rainfall and snowfall have been minimal?
• How does fire affect your life?

Optional Lessons & Resources
• http://idrange.org/education/lessons-and-activities/fire
• https://idrange.org/range-stories/southwest-idaho/blm-paradigm-project-seeks-to-break-fire-cycle/

Homework
2. Keep studying your plants and animals.
3. Continue to work on the team's oral presentation script, 3-D Diorama, and the written management plan (senior teams).

Supplies
• Video: Huge Fires Impact Ranchers
• Internet connection: http://www.lifeontherange.org/range-stories/wildfires.htm
• Worksheet: "Listening comprehension: Huge fires impact ranchers"

Do
Watch the video and fill out the worksheet, then discuss the answers with your teammates.

Reflect
• What can you do to help prevent rangeland fires?
• What are the pros and cons to wildland fires?
• What are some ways that fire has impacted rangeland?

Apply
• Walk around your house and yard and look for fire hazards.
• What plants benefit from fire? Which ones are harmed?
• Do "let it burn" policies make sense when rainfall and snowfall have been minimal?
• How does fire affect your life?

Rangeland Skill-a-thon Prep
Read the scenario prompt provided to you for the Skill-a-thon. What aspects of the scenario mention fire directly? What aspects might be affected indirectly? Discuss how you might use the insights from today's meeting to address these aspects. Have someone in your group write down the ideas!
We are down to the wire—it's almost time for the Rangeland Skill-a-thon! Are you excited? Do you feel prepared? Now is the time to pull together all of your knowledge and hard work and make the final push!

**ACTIVITY OVERVIEW**

01 **DIORAMA BUILDING AND PREPPING ORAL PRESENTATIONS**

**VOCABULARY**

Review the vocabulary words from each meeting at the end of this guide in Appendix A.
ACTIVITY 1: PRACTICE MAKES PERFECT

Refer to page 48 in the Rangeland Outreach Activities Manual.

Overview
Have participants finalize their diorama and oral presentations. If they are a senior team, they can also complete their written management plan.

Do
Review the packing list with the participants. The packing list can be found in the Skill-a-thon packet.

Reflect
- What should I do when my team members are talking?
- What is my role during the oral presentation; what am I conveying?
- What is great about our project? What could be great? What do we need to do to make it great?
- What area/studying needs my attention most between now and the competition?

Apply
- Deliver your presentation in front of a group. Ask your audience for constructive feedback. Afterward, discuss the feedback with your team.

Homework
1. Practice. Practice. Practice!
2. Look at the packing list that was sent with the Rangeland Skill-a-thon packet and start packing your bag.
Here is a list of relevant vocabulary words from the seven meetings. A presentation that uses appropriate terminology will sound polished, professional, and will add to your own credibility, so consider using these terms when appropriate. Space has been provided for you to add your own vocabulary as well, so if you notice useful words during your meetings (or could expand on definitions of given words), take the time to add them below.

- **aquifer**: any geological formation containing or conducting groundwater, especially one that supplies the water for wells, springs, etc. An underground layer of sand, gravel, or porous rock that collects water and holds it like a sponge.
- **carnivore**: an animal that eats meat exclusively
- **clay**: smallest soil particle; can form a waterproof barrier on the surface of the soil
- **coniferous**: cone-bearing plants
- **cover**: plants and other biotic parts of the environment and physical topography that provide concealment from prey or predators and shelter from the environment
- **decomposers**: any creatures, including fungi, bacteria, worms, etc. that will break down all dead material
- **detritivore**: an animal that eats decaying material such as carrion or decomposing plant matter or fungal matter, exclusively
- **domestic**: any of various animals (such as horse or sheep) domesticated so as to live and breed in a tame condition
- **ecosystem**: a biological community of interacting organisms and their physical environment
- **eluviation**: the transport of soil material usually by water from the upper soil layers to the lower soil layers
- **evaporation**: water vapor rising into the atmosphere, due to heat or wind
- **filtration**: separating solids from liquids through the passing of a medium, such as soil
- **fire cycle**: the time between plant growth, maturity, and burning in an ecosystem
- **forb**: a nonwoody flowering plant that is not a grass
- **forb-flowers**: a flowering plant that is not a grass, sedge, or rush
- **grass**: a plant characterized by having narrow blade-like leaves joined at the stems
**habitat:** where an organism lives; components of habitat include space, food, water, and shelter

**herbivore:** an animal that eats plant material or fungal material exclusively

**livestock:** animals kept for production of meat, wool, etc.

**moonscape fires:** a type of fire that has burned everything (think of the barren appearance of the moon surface), sometimes for many hundreds of acres

**mosaic fires:** patchy pattern of fires that opens up small, intermittent areas between unburned, established areas. Mosaic fires open up land in certain spots (think of a mosaic, with little pieces of colored glass here and there, broken up by other little pieces of different colors).

**omnivore:** an animal that eats any combination of plant matter, fungal matter, meat, or decomposing material

**precipitation:** water vapor falling, by gravity, in the form of rain, snow, hail, etc.

**predator:** an animal that hunts and catches other animals for food

**prey:** an animal that is hunted and killed by another for food

**primary consumers:** herbivorous animals; consumes plant material; energy in sugars is stored as fats. Example: bighorn sheep, domestic cattle, field mice, and grasshoppers

**primary producers:** all plant life; takes energy from the sun and stores the energy as simple and complex sugars

**range:** an open region over which animals (such as livestock) may roam and feed

**rangeland:** land used or suitable for range

**riparian:** the area where terrestrial and aquatic ecosystems interface; includes marshes and bogs. There may not be a clear delineation between terrestrial and aquatic.

**rush:** various grass, like wetland plants, that have stiff, hollow, or pithy stems

**sand:** largest soil particle; provides excellent drainage

**secondary consumers:** small carnivores and omnivores that prey on herbivores such as rodents and insects

**sedge:** a plant like grass that grows on or near wet ground

**shrub:** a woody plant or bush, smaller than a tree, usually having multiple permanent stems branching from or near the ground
silt: second-smallest soil particle

soil horizons: layers of sediment, parallel with the soil surface, that each have different characteristics

tertiary consumers: large carnivores that prey on the primary and secondary consumers; include large birds of prey, wolves, bears, etc.

trophic level: a level at which energy is stored in the environment. Example: Plants store sunlight, then are eaten by herbivores, and some of the energy is lost as body heat. Most is used to maintain life, and some is stored as fat.

watershed: a land area that channels rainfall and snowmelt to creeks, streams, and rivers and eventually to outflow points such as reservoirs, bays, and the ocean

wild: any animal living in a natural, undomesticated, or untamed state

wildlife: undomesticated animals living in the wild, including those hunted for food, sport, or profit

woody plant: a plant that has wood-like stems above the ground
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