



Menu for Week of: _____

Sunday	Main Dish/Meat Starch/Bread Fruit Vegetable Beverage	
Monday	Main Dish/Meat Starch/Bread Fruit Vegetable Beverage	
Tuesday	Main Dish/Meat Starch/Bread Fruit Vegetable Beverage	
Wednesday	Main Dish/Meat Starch/Bread Fruit Vegetable Beverage	
Thursday	Main Dish/Meat Starch/Bread Fruit Vegetable Beverage	
Friday	Main Dish/Meat Starch/Bread Fruit Vegetable Beverage	
Saturday	Main Dish/Meat Starch/Bread Fruit Vegetable Beverage	